

The Ultimate
Secret of

Bella SUCCESS

embracing your goals

Proverbs 3.5

**“Trust in the Lord with all your heart and lean
not on your own understanding”**



www.BellaSuccess.com

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Find Your Success

• What excites and motivates you?

• What are your dreams?

• What matters most to you?

• What does success mean to you?

• What do you truly want?

• List the reasons why you want to have success

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Personal

• **Confidence**

• **Great Health**

• **Lifestyle**

• **Positive Attitude**

• **Mental Awareness**

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Financial—Now is the Time

- **Goals**

- **Invest in Yourself**

- **Systems**

- **Scripts**

- **Mentor**

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Be Mindful

“Be a Doer”

Proverbs 10-4 Lazy hands make a man poor, but diligent hands bring wealth.

“Guard Your Mind”

Col. 3:2 Set your mind on things above not earthly things.

“Trust”

Proverbs 3:5 Trust in the Lord with all our heart and lean on not your own understanding.

“Priorities”

God, Family, and Business. How we spend our time is an indication of what we value most.

“Stay Positive”

1 Cor. 15-33 Do not be misled: Bad company corrupts good character

“Know Your Strengths”

Personality profiling (DISC) will change your life.

“Connect Deeper”

VIF forms, hand written notes, focused phoning, lunch connections.

“Give Back”

Make a difference, be an encourager, focus on the good.

Take Action

If It's Not in Writing, It Doesn't Exist

Today's Goal: Date _____

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- _____
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180 Day Goal: Date _____

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- _____
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30 Day Goal: Date _____

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- _____
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365 Day Goal: Date _____

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60 Day Goal: Date _____

- _____
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5 Year Goal: Date _____

- _____
- _____
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90 Day Goal: Date _____

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- _____
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10 Year Goal: Date _____

- _____
- _____
- _____
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Systems

• **Business**

- **Put your goal card in your wallet** to read as much as possible. Scan it on your desktop to view on your wall or computer screen. Let others see it, especially your inner circle, friends, coach, mentor, spouse.
- **Be In The Moment**-stop worrying. Do not allow it. Have no fear.
- If you are having difficulty with something technical, then get the instructions and put it on your calendar to have someone instruct you on the item example-digital camera, fax machine or printer or scanner.
- **Organize systems/lists/phone numbers/anything you do over one time**
- Write a personal note of thanks to someone everyday. This could be someone you want to encourage, thank, or someone that you would like to meet

Goal Card

Desire: _____

By: _____

Date

What Will I Give Up to Achieve These Goals?

Systems

• **Family and Friends**

- **Make a list of "My Favorite Things"**. Give it to your family, spouse, co-workers, and friends. **DISC** to know each other more personally and deeper and learn to communicate more.
- **Keep a schedule** on you at all times. Use an organizer. **Enter** all dates on your calendar for the year. This includes birthdays, vacations, holidays. Get cards ready now for each holiday or birthday, Get \$10 gift cards for Starbucks, Red Lobster, Lowes, CVS, or Walmart.
- **De-clutter** all closets, get rid of all storages, sell on Craig's list or give away. No TV until all closets are clean and you are free and calendar is outlined.
- **Be In The Moment**-stop worrying. Do not allow it. Have no fear.
- **Join A Group Or Organization.** Get involved with one thing at first, Church, or something for the community.
- **Love is a Choice.** We must have love in our life, even if you give it to a dog or your pet....

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Schedule the Rocks in Your Life

- God
- Family
- The Business

| | SUNDAY 10 | MONDAY 11 | TUESDAY 12 | WEDNESDAY 13 | THURSDAY 14 | FRIDAY 15 | SATURDAY 16 |
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Develop Your Mission Statement

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• **Recite your mission statement. Memorize it.**

Recognize Your Strengths and Weaknesses

DISC

- **D** Direct, multitasker, doer
- **I** Influencer, life of the party, talker
- **S** Easy going, family centered
- **C** Timely, prompt, meticulous thinker

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Hire for your weaknesses.

My Favorite Things

- **Make a list of employees, family, spouse, co-workers, clients. This is to know their personality.**

- My Favorite Drink_____
- Favorite Snack_____
- Favorite foods_____
- My song—favorite musician—favorite cd_____
- Hobbies_____
- Likes_____
- Dislikes_____
- Names of children_____
- Grandchildren_____
- Birthday_____
- Favorite color_____
- Favorite author_____
- Special causes_____
- Favorite quotes_____
- Favorite local restaurant_____
- Favorite place to travel_____
- Best vacation ever_____
- Favorite Actor_____
- Favorite Movie_____

Better Communication and Relationships

Systems

- **Personal**
- **Move To The Place I Want To Be.** Make a wheel, grid, or graph for 1 year, 5 years, 10 years, 20 years. Keep all lists from now on to the future. Go back and look at where you started and where you are at that present moment.
- **Thank God.** Be grateful, and **SMILE.** Give to others and be an encourager.
- **Journal.** This is so good! Buy a notebook that fits in your purse or hand easily. Keep extras in your car and in your office. Keep them all going and date each entry.
- **Love Is A Choice.** We must have love in our life, even if you give it to a dog or your pet....
- **Share Your Progress** with your mentor/coach/like minded circle
- **DO NOT LISTEN** to negative music, TV, violent or scary thriller movies, sad movies
- **No Judgments Or Expectations.** Just say "I am happy to do this for you". Do not expect anything else in return for anything.
- **Walk And Get Outside.** See the stars at night, look at the moon, stop and photograph flowers, birds, anything outside...
- **Volunteer** or send money to someone in need, no strings attached.
- **Offer To Speak To A Group.** Get outside of your comfort zone, you grow this way.
- **Reward Yourself In 30 Day Increments.**
 - Make a list of things you love.
 - Make a list of overnight jaunts you enjoy.
 - Then make a list of things that are really great ideas
 - Keep these 3 lists for your rewards. Celebrate when the goals are met.
- **Develop Your Mental Muscle.** Listen to positive CD's for one hour a day (and schedule a positive hour for the day) Develop your power from the inside.



Changes in Diet I am Working Towards

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Darlene Hammond

The Ultimate
Secret of

**Bella
SUCCESS**
celebrating your goals

“Enjoy the journey. Learn something from every defeat, get better and keep onwards. Remember, it’s not where you start but where you end up that counts.”

God Bless and Bella Success,

Darlene Hammond

